



CYTÛN LLANDUDNO

Taflen Newyddion Rhif 41

Tachwedd 2007

Ysgrifenna'r llywydd:

Annwyl gyfeillion,

Ysgrifennaf hwn wrth dreulio ychydig o ddyddiau yn Abaty Elmore, Mynachlog y Benedictiaid Anglicanaidd yn ne Lloegr, ble rwy'n mynd bob blwyddyn am encil. Mae'n wirioneddol wych gallu dod i le fel hyn o heddwch a gweddi a chael rhyddid am gyfnod rhag natur orffwyll bywyd pob dydd a gallu 'gostwng gêr neu ddwy' fel petai.

Wrth ddod yma, caf fy nhynnu yn fuan iawn i mewn i'r rownd ddyddiol o addoli mynachaid sy'n cynnwys saith 'gwasanaeth' yn seiliedig ar lafarganu'r salmau, darllen yr ysgrythur a gweddi. *Opus dei* – *gwaith Duw* yw enw'r mynachod arni. Ac fel rwy'n ymuno yn yr addoli, rwy'n dechrau gweld y cyfan o fywyd mewn ffordd wahanol, rwy'n cael fy hunan yn gwrando'n fwy astud ar Dduw, yn fwy agored i'w ysgogiadau ac yn fwy ymwybodol o'r hyn mae'n ei olygu i fod 'yng Nghrist'. Os byth y cewch y cyfle i dreulio ychydig o amser mewn mynachlog neu dŷ crefyddol, bachwch arno, byddwch yn sicr o gael eich adfywio a'ch ffydd Gristnogol yn cael ei hadnewyddu.

Ond ar yr ymweliad benodol hon ag Elmore, rwy'n ymwybodol o dasg bwysig iawn. Mewn ychydig o ddyddiau byddaf yn cyfrannu gydag eraill i roi cyflwyniad o'r Ffydd Gristnogol i Fwslemaid lleol a drefnir gan Cytûn Sir Conwy. Wrth gwrs, erbyn i'r daflen newyddion hon ymddangos bydd y cyflwyniad wedi bod, yn wir, mae'n debyg y bydd rhai ohonoch wedi bod yn bresennol. Ond, fel rwy'n ysgrifennu'r llythyr hwn rwy'n ymwybodol iawn o'r angen i feddwl yn ofalus ynghylch yr hyn y byddaf yn ei ddweud. Ble ddylwn i ddechrau? Yn wir mae'n dasg frawychus ceisio cyflwyno'r Ffydd Gristnogol mewn sgwrs ychydig o funudau!

Wrth lwc, mae'r tri ohonom sy'n cymryd rhan wedi cytuno y dylai pob un ohonom ganolbwyntio ar yr hyn y mae ein ffydd yn ei olygu fwyaf i ni fel unigolion. Mae hynny'n ei gwneud yn haws gan ei fod yn rhywbeth personol erbyn hyn. Ond mae'n dal yn anodd gwybod ble i ddechrau.

Fel yr oeddwn yn pendroni ar hyn digwyddais edrych ar fwrdd gweddi'r fynachlog lle mae'r mynachod yn cadw manylion y rhai sydd wedi gofyn am eu gweddiâu. Yno, deuthum ar draws taflen wedi'i chynhyrchu gan grŵp yn Abaty Westminster (Cymdeithas Our Lady of Pew) sy'n gweddi'n rheolaidd dros yn rhai gwael a'r rhai mewn angen. Ar y daflen gwelais y geiriau canlynol o dan y pennawd 'Meddwl Tymhorol':

*Strange and wonderful it was that God, the Lord of all,
should show himself unto the world as something weak
and small,*

*choosing for this miracle a Jewess undefiled
to be the wise and gentle mother of the Holy Child.*

*Cradled in a stable! The incarnate Deity, Love itself,
the Word made flesh.*

*Yet none was there to see except a few poor shepherds
and the Magi from afar –*

bringing gifts and guided by the glory of a star.

Strange and wonderful indeed! Too marvellous for me.

I could not hope to understand so great a mystery.

Such a faith I cannot fathom or such love conceive.

But I can kneel on Christmas morning saying

I BELIEVE.

Pan ddarllenais y geiriau hyn, gwyddwn ar fy union ble byddwn yn dechrau fy eglurhad o'r Ffydd Gristnogol - gyda rhyfeddod cariad Duw wedi'i ddangos yn yr Arglwydd ymgnaudoledig, y dirgelwch y byddwn yn ei ddathlu cyn bo hir yn nhymor y Nadolig. Bydd rhai ohonoch wedi clywed fy nghyflwyniad i'n ffrindiau'r Mwslemaid ar 11 Tachwedd, bydd llawer nad oedd yn bresennol ar yr achlysur hwnnw. Ond, roeddwn yn meddwl fod y geiriau o'r daflen ymbiliau yn werth eu hailgynhyrchu yma i bawb. Does gen i ddim syniad o ble y daw nac ychwaith pwy â'u hysgrifennodd nhw, ond rwy'n gobeithio nad oes ots gan Gymdeithas Our Lady of Pew o Abaty Westminster fy mod yn eu hail argraffu yma. Credaf y byddant yn helpu pawb ohonom yn ein paratodau ar gyfer dathlu geni'n Harglwydd a chynigiau nhw i chi at y diben hwn.

Gyda'm dymuniadau gorau yng Nghrist,

Canon John.

Llandudno Churches Together

Newsletter No. 41

November 2007

The President Writes:

Dear friends,

I'm writing this whilst spending a few days at Elmore Abbey, an Anglican Benedictine Monastery in the south of England which I visit each year for a time of retreat. It's truly wonderful to be able to come to such a place of peace and prayer, to be freed for a space from the frantic nature of normal daily life and to be able to 'drop down a gear or two' so to speak.

When I come here I am soon drawn in to the daily round of monastic worship which consists of seven 'offices' based on the chanting of psalms, the reading of scripture and prayer. Monks call this the *opus dei* – the *work of God*. And as I join in this worship I begin to see the whole of life in a different way, I find myself becoming more attentive to God, more open to His promptings and more aware of what it means to be '*in Christ*'. If you ever get the opportunity to spend some time in a monastery or religious house do take it, you are sure to be refreshed and renewed in your Christian faith.

But on this particular visit to Elmore I am aware of a very pressing task. In a few days time I am to share with others in a presentation of the Christian Faith to local Muslims organised by the Conwy County Cytûn. Of course by the time this newsletter appears the presentation will have taken place, indeed some of you will no doubt have been present at it. But as I write this letter I am very aware of the need to think carefully about what I am going to say. Where should I start? It's a daunting task indeed to try to present the Christian Faith in the space of a few minutes talk!

Luckily the three of us involved in the presentation have agreed that we should all focus on what means most to us as individuals in our faith. This makes it easier, because it is now something personal. But it's still difficult to know where to start.

As I was pondering on all this I happened to look at the prayer board in the monastery where the monks keep details of those who have asked for their prayers. There I found a leaflet produced by a group based at Westminster Abbey (The Society of Our Lady of Pew) who pray regularly for the sick and those in need. And on that leaflet I found the following words under the heading 'A Seasonal Thought':

*Strange and wonderful it was that God, the Lord of all,
should show himself unto the world as something weak
and small,*

*choosing for this miracle a Jewess undefiled
to be the wise and gentle mother of the Holy Child.*

*Cradled in a stable! The incarnate Deity, Love itself,
the Word made flesh.*

*Yet none was there to see except a few poor shepherds
and the Magi from afar –
bringing gifts and guided by the glory of a star.*

Strange and wonderful indeed! Too marvellous for me.

I could not hope to understand so great a mystery.

Such a faith I cannot fathom or such love conceive.

*But I can kneel on Christmas morning saying
I BELIEVE.*

When I read these words I knew exactly where I would begin my explanation of the Christian Faith – with the wonder of God's love revealed in the incarnate Lord, the mystery we will soon be celebrating in the season of Christmas. Some of you will have heard my presentation to our Muslim friends on November 11th many will not have been present on that occasion.

But I thought these words from the intercession sheet were worth reproducing here for everyone. I've no idea where they come from or who wrote them, and I hope the Society of Our Lady of Pew from Westminster Abbey won't mind me printing them here. I think they will help us all in our preparation for the celebration of the birth of Our Lord and offer them to you for this purpose.

With my best wishes in Christ,

Canon John.

Week of Prayer for Christian Unity January 18th to 25th 2008

1 Thessalonians 5: 12a, 13b-18

*But we appeal to you, brothers and sisters...
Be at peace among yourselves.
And we urge you, beloved to admonish the idlers,
encourage the faint-hearted, help the weak,
be patient with all of them.
See that none of you repays evil for evil, but
always seek to do good to one another and to all.
Rejoice always, pray without ceasing,
give thanks in all circumstances;
for this is the will of God
in Christ Jesus for you.*

2008 - an important double anniversary

In 1908, Father Paul Wattson, Episcopal (Anglican) priest and co-founder of the Franciscan Society of the Atonement at Graymoor in Garrison, New York, introduced a Prayer Octave for Christian Unity that was first celebrated from 18th to 25th January 1908. Exactly sixty years later, in 1968, churches and parishes around the world received for the first time material for the Week of Prayer for Christian Unity, which had been jointly prepared by Faith and Order of the World Council of Churches and the Secretariat for Promoting Christian Unity (Catholic Church).

Each daily service is in a different church and, except on Sunday will usually last about half an hour. The dates and locations this year are as follows, weekdays at 10:30 am, Sunday at 5 pm.

Friday 18th	Llandudno Baptist Church Brynau Road, West Shore
Saturday 19th	Emmanuel Christian Centre Lloyd Street
Sunday 20th (at 5 pm)	The President's Service Holy Trinity, Mostyn Street
Monday 21st (Saint Mary and Saint Abasikhiron)	Coptic Orthodox Church Trinity Avenue
Tuesday 22nd	Communion Service at Gloddaeth United Church
Wednesday 23rd	St David's Methodist Craig y don
Thursday 24th	United Welsh Church Seilo, Arvon Avenue.
Friday 25 th	Our Lady Star of the Sea Lloyd Street.

Wythnos o Weddi am Undod Cristnogol Ionawr 18fed i 25ain 2008

1 Thesalonaiad 5: 12a, 13b-18

*Rydym yn gofyn i chwi frodyr a chwiorydd.....
Byddwch yn heddychlon yn eich plith eich hunain.
Ac yr ydym yn eich annog, frodyr, ceryddwch y
segurwyr, cysurwch y gwangalon, cynorthwywch y rhai
eiddil,
byddwch yn amyneddgar wrth bawb.
Gwylwch na fydd neb yn talu drwg am ddrwg i neb,
ond
ceisiwch bob amser les eich gilydd a lles pawb.
Llawenhewch bob amser. Gweddïwch yn ddi-baid.
Ym mhob dim rhowch ddiolch
oherwydd hyn yw ewyllys Duw
yng Nghrist Iesu i chwi.*

2008 - pen-blwydd dwbl pwysig

Ym 1908, cyflwynodd y Tad Paul Wattson, offeiriad (Anglicanaidd) Esgobol a chyd-sefydlydd y *Franciscan Society of the Atonement* yn Graymoor yn Garrison, Efrog Newydd Wythawd o Weddi dros Undod Cristnogol a gafodd ei dathlu gyntaf rhwng 18fed a'r 25ain Ionawr 1908. Yn union chwe deg o flynyddoedd yn ddiweddarach, ym 1968, derbyniodd eglwysi a phlwyfi ledled y byd ddeunydd am y tro cyntaf ar gyfer Wythnos o Weddi am Undod Cristnogol wedi'i baratoi gan Ffydd a Threfn Cyngor Eglwysi'r Byd a'r Swyddfa dros Hyrwyddo Undod Cristnogol (yr Eglwys Gatholig).

Bydd pob gwasanaeth dyddiol mewn gwahanol eglwys ac, ar wahân i ddydd Sul, byddant yn parhau am tua hanner awr. Mae'r dyddiadau a lleoliadau eleni fel a ganlyn: dyddiau'r wythnos am 10.30am, dydd Sul am 5 pm.

Dydd Gwener 18fed	Eglwys y Bedyddwyr Ffordd Bryniau, Pen Morfa
Dydd Sadwrn 19eg	Canolfan Gristnogol Emaniwel Stryd Lloyd
Dydd Sul 20fed (am 5 pm)	Gwasanaeth y Llywydd Drindod Sanctaidd,
Dydd Llun 21ain (Santes Fair a Sant Abasikhiron)	Eglwys Unionged Coptig
Dydd Mawrth 22ain	Gwasanaeth Cymun yn Eglwys Unedig Gloddaeth
Dydd Mercher 23ain	Eglwys y Methodistiaid Dewi Sant, Craig y don
Dydd Iau 24ain	Eglwys Unedig Gymraeg Seilo, Rhodfa Arfon
Dydd Gwener 25ain	Ein Harglwyddes Seren y Môr Stryd Lloyd

Cytûn October Council Report

The Annual Lunch

Members were agreed that this year's lunch at the Queen's Hotel had been a great success and the council decided that future lunches would be held at an hotel.

The Cytûn Prayers

The President reported that the new arrangement in St. John's church at 12:15 every Thursday, had started well with an average attendance of 12. The October prayers were led by Holy Trinity and St. John's people will lead the November prayers.

The Lent Devotions

Believing that Lent should be a time of prayerful reflection, the President proposed that this year we should have perhaps 4 Prayer Workshops, concentrating on contemplative and silent prayer. This was agreed, and 10am on Tuesdays suggested as a possible time.

Vice President

As we have not been successful in finding a Vice President this year, and as several people had said they were prepared to consider it for the following year, the President proposed as a compromise that he continue until January 2009, when the Vice President elected at the 2008 AGM would be inducted as President during the President's service during the Octave of Prayer. He or she could then continue in office until May 2010, or the Constitution could be amended to confirm the Induction as part of the President's Service on a regular basis. This was agreed unanimously.

Visit of Muslims to Cytûn

Following the summer visit to a Mosque, The President reported that a return visit would be made by the Muslims on Sunday 11th November, when he, the Revd Nick Sissons and Revd Keith Forecast would present a resume of the Christian faith at All Saints, Deganwy.

Exploring Worship

The Revd Jane Allen reported that Holy Trinity would be resuming their series on Exploring Worship and Modern Music from 11th November, when the topic will be Counting the Cost.

Alpha Course

Emmanuel are starting an Evening Alpha Course on Tuesday January 8th. All are welcome.

The Beth Eden Christian Guest House

Cytûn Members Mr & Mrs David Sales announce that they will be taking over this Christian Guest House on the West Shore from the end of November and are planning to open it to local churches from 3rd to 7th March, the week before their first guests arrive. Cytûn will be very welcome to visit during that time.

The Cytûn Autumn Conference

'The Environment - a Christian Calling'
an evening led by
the Revd Robin Morrison,
*(advisor on Church & Society
to the Bishops of the Church in Wales)*

Thursday 29th November 2007
at 7:30 pm
in Holy Trinity Hall

Cytûn Outdoor Christmas Carols

In the grounds of Holy Trinity Church, Mostyn St. The Llandudno Town Band will accompany the carols. Father Antony Jones and the Revd Lord Roger Roberts will participate.

Cytûn Weekly Prayers

Everyone Invited - Every Thursday
12:15 pm (for 20 minutes) at
St John's Methodist Church
Mostyn Street, Llandudno

Cytûn Officers 2007/08

President: Canon John Nice (01492 876624)
Secretary: Mrs Arline Griffiths
Treasurer: Mrs Margaret Baker

Admin. Meeting 8th January – 10am in the Rectory
Council Meeting 22nd January 2pm at Stella Maris

Cytûn Newsletter & Cytûn Website:

www.llandudnochurches.org.uk Please check your own church entry and contact Noel Walley
email: noel@llandudno.com